SNAP Helps Mecklenburg County Thrive

Nearly 1 in 10 Mecklenburg County residents uses SNAP to help buy food.

SNAP, called Food and Nutrition Services (FNS) in North Carolina, helps eligible households buy groceries

More than 119,000 Mecklenburg County residents received SNAP in August 2026 - and most lived in households with someone working

SNAP Makes a Difference

9 to 1

- For every 1 meal provided through the Feeding America Food bank network, SNAP provides 9 meals.
- Food banks and pantries are essential, but they cannot replace SNAP's reach.

About $280 Million

- Estimated federal SNAP benefits come into Mecklenburg County each year.
- These benefits help residents buy groceries, support local food retailers, and keep federal food dollars in the local economy.

685 Local Retailers

- Residents can use SNAP at approved grocery stores, supermarkets, farmers markets, and other food retailers across Mecklenburg County

SNAP is Changing

Recent federal and state policy changes may affect:

- ✅ Who must meet work requirements
- ✅ Some eligibility and benefit rules.
- ✅ How SNAP is managed
- ✅ How program costs are shared

Important

Eligible households can still apply for and receive SNAP under current program rules.

Some residents may face new requirements or need help understanding their eligibility. Mecklenburg County could also face tens of millions of dollars in added costs or lost local revenue. The final amount is not yet known.

Working Together, We Can Help

Get Informed:
Learn what is changing and use trusted sources

Share:
Help neighbors, customers, and community members find accurate information.

Connect:
Guide people to SNAP application help and local food resources.

Participate :
Join community conversations and help create solutions that reflect residents' needs.

When Our Neighbors Have Access to Healthy Food, Our Entire Community Is Stronger.

HELP MORE. SHARE YOUR VOICE. HELP SHAPE LOCAL SOLUTIONS.

Visit
healthymeck.org/food-access

SOURCES: North Carolina Department of Health and Human Services; Mecklenburg County; North Carolina Association of County Commissioners; USDA; and Feeding America.